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bottoms of their dressing-gown coats into their ample belts, 524
and play with bare or merely stockinged feet, whilst their younger brothers enjoy their game just as thoroughly when they play it with a rag ball. The game of marbles too has found its way here, but must adapt itself to the poverty of the country. Stones as round as can be found are used, or if walnuts abound they do service for a similar game. A hole is dug in the ground or in the raised base of a *chorten*, and the aim is to throw as many of these walnuts into it as possible. Nor are the Ladaki lasses without their games. A finger or stick traces in the sand and dust the lines necessary for hopscotch just as efficiently as the chalk-line on a London pavement, and little Ladaki legs, although they are shod with clumsy native footgear, do their hopping just as nimbly as those of their English sisters.

The Ladaki also believes in the dictum, "what thy hand 526
findeth to do, do it with all thy might," at least as far as games are concerned, and with a little training he would compete on equal terms with our own countrymen. Those boys sent down-country to the Rev. C. E. Tyndale Biscoe's splendid school rapidly pick up hockey, tennis, badminton, swimming and rowing, in fact, excel in all sports. But let us now watch them at their own national games, the favourite being polo. [171]
Ladak may not be the home of polo, but it certainly found its way here at an early date. Even if it arose in Persia, it very soon migrated to Gilgit, and the Dards, no doubt, brought it with them to Ladak, and now it is not even a hyphenated Ladaki game, for most good-sized villages have their own polo ground. In Leh, the capital, the game was 526
formerly played in the high street, but this evidently became 345
so dangerous for the shopkeepers that now we have a proper polo ground. This consists of a level space about two hundred yards long, which cannot boast of a blade of grass, but is covered by a layer of dust so thick that before play begins, it has to be laid with water. On one side it is bounded

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by the high wall of the Wazir's or State Commissioner's garden, on the other by a low wall about one foot high built of large stones, piled one on top of the other without mortar or cement or even mud. Halfway along this, a platform of mud and stones has been erected, from the top of which "the notables" watch the game, a *Shamiana* or awning being erected on high days. Two large stones at either end are sufficient as goal-posts. On the ground itself to one side sits the band of four; two flageolets and two kettle-drums. These at one moment are announcing another goal obtained and at another are defending themselves from the polo sticks, for the game is raging right in their midst. But now let us turn our attention to the players and their mounts. Here it is not the rich man's game, a stud of horses is quite unnecessary. Even a poor farmer possesses one pony, and if he makes himself a stick, he, too, can join in. The stick is quite easily manufactured, its shape being that of an English hockey stick, but with a longer handle. By making this and the striking end of two pieces, and letting the former into the latter, a rude splice is obtained. Rules for play there would seem to be none. If your opponent gets in your way, ride him down. If only six players have come, three a side will do, if ten players turn up, two fives make an equally good game. Although play can last for as long as you like, the same poor miserable pony is used the whole time, and will hardly enjoy it as much as the English one is said to do.

Now the play begins. The ball has been thrown into the centre of the course and four horsemen are trying to get it. A pig-tailed Ladaki has it, and is riding as hard as he can for his opponents' goal. His hitting is beautifully clean, and the playing of the band announces a goal for his side. His enemies' posts now become his own, which he has to defend. Now watch him carefully, for he will show you a pretty piece of play. He has dismounted, picked up the ball, and, remounting, takes both it and his stick in his right hand, then gallops